



# **Surviving Cancer ~ The Magic Ingredients: Inspiration and Practical Advice From a Cancer Survivor**

*Martha Nash*

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*Surviving Cancer* begins with the premise that you are the key magic ingredient in any healing. This how-to, inspirational and practical little volume helps the cancer patient, his care-givers, family and friends learn how to deal with the first news of the diagnosis, with choosing one's doctors or practitioners, with utilizing the healing power of pleasure and the help of friends and family, and with creating a life during treatment; even if terminally ill and especially after one is in remission.

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