



# The Real AA: Behind the Myth of 12-Step Recovery

*Ken Ragge*

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## **The Real AA: Behind the Myth of 12-Step Recovery** Ken Ragge

The Real AA is the result of Ken Ragge's journey through AA and its for-profit institutional variants. The book covers virtually all aspects of AA and the traditional treatment system: the disease theory of alcohol abuse; AA's origins and development; AA's ideology and indoctrination process; and AA's institutional forms. An invaluable resource to alcohol abusers, their friends, and their families.

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