



# **Saunders Student Nurse Planner, 2014-2015: A Guide to Success in Nursing School, 10e (Saunders Student Nurse Planner: A Guide to Success in Nursing School)**

*Susan C. deWit MSN RN CNS PHN*

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"..so much included in such a small space and is really handy as an all in one quick reference guide, diary and planner." **Reviewed by** Jade Day on behalf of Nursing Times, September 2015

- **Updated information on common therapeutic diets** includes gluten- and lactose-free, high-fiber, and the DASH Eating Plan.
- **FOUR Score Neurological Assessment Scale** guides you in assessing a patient's level of consciousness.
- **Time-saving, compact design** provides a clean and efficient layout that is easy to take to bring along to class and clinical rotations.
- **Time management strategies** help you perform to your fullest potential.
- **Advice on study skills and stress reduction techniques** improve your focus and increase efficiency - giving you the edge you need to succeed.
- **Alternate-format questions** (explanation and examples) and information on taking the **NCLEX exam** help prepare you for the licensure exam.
- **Getting the Most from the Clinical Experience chapter** educates you on patient safety, communication with patients and colleagues, and documentation.
- **The Joint Commission's "Do Not Use" List** of dangerous abbreviations, acronyms, and symbols appears inside the front cover.
- **Clinical Quick Reference chapter** provides you with essential clinical tools and information in a concise, accessible format, and includes:
  - Commonly used abbreviations, symbols, and notations
  - Perioperative care and Joint Commission safety guidelines for surgery
  - Fall risk factors and assessment
  - Most commonly used IV fluids table
  - HIPAA requirements for confidentiality
  - Safety guidelines to prevent medication errors
  - Pain assessment tools
  - Signs of geriatric and pediatric abuse
  - Glasgow Coma Scale
  - Tips for troubleshooting IV pumps
  - Braden Scale for Predicting Pressure Sore Risk
  - Common lab test values
  - MyPlate dietary guidelines

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