



Low Carb Living Slow Cooker Cookbook: 30 Delicious Low-Carb Slow Cooker Recipes to Kick- Start Weight Loss (Volume 4)

Linda Stevens

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THE ‘MUST HAVE’ LOW CARB SLOW COOKER COOKBOOK!

Contains Classic Favorites such as Jamaican Jerk Chicken, Slow Cooker Philly Cheesesteak, All-Veggie Low Carb Slow Cooker Minestrone Soup, and much more

! Low Carb Slow Cooker Cookbook lends you 30 easy, flavorful recipes to supercharge your diet plan and assimilate taste and flavor into your life once more. Look to the Spicy Chicken soup for a chilly evening; find the Eggplant Bolognese waiting for you after a long day at the office; reach for the BBQ Pulled Pork on a breezy summer day. Each recipe is unique in its creation, and each brings less than 10 net grams of carbohydrates. In addition to pork, beef, chicken, soup and vegetarian options, you will even find mouth-watering slow cooker breakfast recipes! Your blood sugar level doesn't creep up, and your sugar cravings will decrease significantly, leaving you wanting healthful, rejuvenating food each and every night. Each meal allows your body to enter into ketosis as it burns countless calories to alter the protein and fat to meet your cell glucose needs. Find health, a slimmer waistline, and much more time in your schedule with the assistance of these thirty recipes. Reap the rewards of the low carb lifestyle! Despite the fact that "chili" is notoriously carb-heavy, this recipe book also features a chili recipe that has been designed to bring less than 10 grams of net carbohydrates!

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Joseph Moody:

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Samantha Green:

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