



Not Buying It: Stop Overspending and Start Raising Happier, Healthier, More Successful Kids

Brett Graff

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Parents will do just about anything to give their kids happy lives and successful futures. Unfortunately, the drive to give kids the best of everything leads to a financial strategy based in fear and competition, and results in millions of dollars worth of unnecessary purchases. Enough is enough.

In *Not Buying It*, Brett Graff, the “Home Economist,” separates the truth about what parents need for their kids to succeed from the fiction perpetuated by ads, peer pressure, and internal fear. Graff shows how parents can save up to a million dollars by investing the money they would otherwise spend on overpriced and unnecessary purchases for their kids. Graff exposes the many ways that overspending can actually harm kids by encouraging narcissism and unhealthy habits. Her tips range from the everyday (understand when supposedly “organic” products aren’t worth the extra dollars) to the long-term (consider investing in a smaller home for your family, which encourages intimacy and connection), making this a valuable manual for all stages of a parent’s life.

An essential book for new parents as well as parenting veterans, *Not Buying It* is the definitive guide for families who want to separate the truth about raising kids from the hype.

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James Fong:

Playing with family in a park, coming to see the water world or hanging out with close friends is thing that usually you have done when you have spare time, and then why you don't try point that really opposite from that. One particular activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Not Buying It: Stop Overspending and Start Raising Happier, Healthier, More Successful Kids, it is possible to enjoy both. It is excellent combination right, you still wish to miss it? What kind of hangout type is it? Oh occur its mind hangout people. What? Still don't obtain it, oh come on its known as reading friends.

Kay Newberry:

In this particular era which is the greater person or who has ability to do something more are more special than other. Do you want to become considered one of it? It is just simple way to have that. What you have to do is just spending your time little but quite enough to enjoy a look at some books. One of the books in the top checklist in your reading list is definitely Not Buying It: Stop Overspending and Start Raising Happier, Healthier, More Successful Kids. This book which can be qualified as The Hungry Slopes can get you closer in becoming precious person. By looking up and review this e-book you can get many advantages.

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