



# **Breaking the Slump: How Great Players Survived Their Darkest Moments in Golf--and What You Can Learn from Them**

*Jimmy Roberts*

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There are only two kinds of golfers in this world: those who've suffered a debilitating slump . . . and those who will sometime in their future.

For many of us, golf could be defined as long periods of aggravation punctuated by brief but dazzling moments of clarity and reward. But when those brief, satisfying moments disappear, when the ball seems to have a mind of its own, when our well-grooved swings suffer a complete and total collapse, we find ourselves in that panicked state known as a "slump." Regardless of skill level, a slump can, and does, happen to everyone.

Here, for the first time ever, is a book about some of the worst times in the careers of some of the most successful people to ever play the game—Jack Nicklaus, Arnold Palmer, Greg Norman, Johnny Miller, Tom Watson, Paul Azinger, Hal Sutton, and Dottie Pepper, among others—and how they dug themselves out. A book that belongs in every golfer's locker, *Breaking the Slump* is an emotional and spiritual first aid kit for anyone who plays the game.

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