



# One-Month Willpower: A Simple System For Life-Changing Transformation

*Michael Unks*

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**One-Month Willpower: A Simple System For Life-Changing Transformation** Michael Unks

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Ever feel that you're never good enough, no matter what you do? Do you feel you're always "one thing" away from being happy? Do negative influences from other people stop you from living the life you always dreamed of? Have you tried to change, but never succeeded?

I've been asking myself questions like these my entire life, but not any more. In such a short time my life improved so much that I felt guilty keeping my keys to success to myself.

In my last year of pharmacy school I discovered a simple system for life-changing transformation through the methods, strategies, and actionable advice given throughout this book. After a decade of misery, I transformed into the person I always dreamed I could be from July 31st to August 31st, 2014. That's only **ONE MONTH!** I could have changed a long time ago, but didn't know how. Now that I discovered exactly what needs to be done, I have to share it so you don't waste anymore time.

If I can do all these things in a month, I know you can too.

Do you want a second chance? My book will aid you in making the simple changes necessary to start living an incredible life NOW!

One last thing..Check in the beginning of the book for the full-length audio version **FREE!**

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