



Body Dysmorphic Disorder: A Treatment Manual

David Veale, Fugen Neziroglu

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This book is a unique treatment manual which looks at the assessment of BDD, offering an treatment model in the form of CBT and pharmacotherapy

- Summarises the current knowledge and theoretical perspectives about BDD
- Covers the practical aspects of assessment, engagement, and therapy
- Uses a number of practical resources, including client handouts



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