



Meals in a Mug: 101 Delicious Recipes Ready to Eat in Minutes

Wendy Hobson

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An astonishing range of quality meals that can be made in a matter of minutes, in a mug, in a microwave

With straightforward recipes that offer great little meals for one, you can't go wrong with this imaginative collection. From Hot Cranberry and Almond Muesli to set you up for the day, to French Onion Soup for a stylish lunch, Pasta in a Creamy Herb Sauce for supper followed by Chocolate and White Chocolate Chip Pudding for sheer indulgence, you'll be spoiled for choice. The book contains more than 100 simple recipes for breakfasts, soups, pasta, noodles, rice, grains, salads, vegetables, Meat and fish dishes, egg and cheese dishes, and desserts and cakes. There's no weighing, no complicated methods, and no expensive or obscure ingredients, just easy, tasty, everyday dishes.

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