



Restore Your Health with Essential Oils: Discover the Power of Plants and Experience Lifelong Wellness

DaNelle Wolford

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The Next Step on Your Healing Journey

So you're eating healthy. You've transitioned your family's diet to real, whole foods. You're feeling great...for the most part. But you still get the occasional colds or flu, you've still got some lingering aches and pains, and you feel like you should have more energy by now. You don't really want to head to the doctor. They'd probably just give you some pills and send you on your way. You've come too far on this path of natural health to turn back now. But what can you do?

Powerful Medicine Without the Side Effects

Did you know that pharmaceutical drugs are derived from plants? It's true. Scientists isolate the active ingredients in plants and then reproduce them synthetically to form what we call "drugs" or "medicines." But we all know that drugs come with a price—side effects, many of which aren't even known. What if there was a way to harness the healing power of plants in a form that's safer and just as effective? What if this form could in fact be even more effective because it is capable of getting directly into the cells, where many drugs can't go?

Essential Oils: The Missing Piece of Your Health Puzzle

These powerful plant medicines are known as essential oils, which have been used by humans for thousands of years. If you've been immersed in the world of natural health for any length of time, you've probably heard of essential oils, but you may not have known what to do with them. They're just for perfumes, right? Or maybe special massage oils? Wrong! Essential oils can help with everything from digestive issues to snoring to weight loss. Luckily, DaNelle Wolford is here with her latest book, *Essential Oils Miracle*, to explain the ins and outs of why we all need essential oils and how we can best reap their benefits for our health, our homes, and even our pets. Take the next step on your healing journey and start using essential oils today.

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