



## Visual Ergonomics Handbook

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# Visual Ergonomics Handbook

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Viewing an electronic display screen varies significantly from reading text on paper and human eyes often suffer for it. Featuring cutting-edge research in the field of visual ergonomics, Visual Ergonomics Handbook focuses on vision and eye-care issues in both the office and industrial setting, including eye safety issues in industrial plants and construction sites. The text integrates the knowledge of leading experts in the fields of optometry, ergonomics, eye safety, and occupational medicine into a comprehensive, easy-to-read volume that also analyzes the economic benefits of developing a workplace visual ergonomics program.

Written at a level that makes the information easily accessible, the chapter authors provide a simplified but thorough discussion of the process of eyesight and the components of the visual system. They explore the technology behind computer displays, discuss environmental issues surrounding eye symptoms and vision in the workplace, and examine lighting, glare, monitor position, vision distances, and other issues in detail. The chapter on glare in the workplace clarifies the role of anti-glare filters for display and the chapter on eye examinations covers the information that is critical to describe to the doctor. A discussion of the economic impact of ergonomic programs wraps up the main volume of the book.

The book's multidisciplinary chapter authors give you wide ranging coverage of the issues and the editorial guidance of Jeffrey Anshel ensures that redundancies are weeded out. The first comprehensive handbook on visual ergonomics, it presents information that is adequately straightforward and technical.

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