



The ADHD Workbook for Parents: A Guide for Parents of Children Ages 2–12 with Attention- Deficit/Hyperactivity Disorder

Harvey C. Parker PhD

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This informative guidebook coaches parents through the daily tasks involved in raising children with attention deficit/hyperactivity disorder. Using a combination of helpful worksheets and practice exercises, this handbook offers practical instruction that allows parents to advocate for their child in the classroom as well as facilitate structure in the home. The strategies—broken down into clear and accessible chapters—help parents to manage behaviors, handle homework, and manage medication.

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