



Zen Effects: The Life of Alan Watts (SkyLight Lives)

Monica Furlong

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**The first and only full-length biography of one of
the most charismatic spiritual innovators of the twentieth century.**

Through his widely popular books and lectures, Alan Watts (1915-1973) did more to introduce Eastern philosophy and religion to Western minds than any figure before or since. Watts touched the lives of many. He was a renegade Zen teacher, an Anglican priest, a lecturer, an academic, an entertainer, a leader of the San Francisco renaissance, and the author of more than thirty books, including *The Way of Zen*, *Psychotherapy East and West* and *The Spirit of Zen*.

Monica Furlong followed Watts's travels from his birthplace in England to the San Francisco Bay Area where he ultimately settled, conducting in-depth interviews with his family, colleagues, and intimate friends, to provide an analysis of the intellectual, cultural, and deeply personal influences behind this truly extraordinary life.



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