



Posterolateral Knee Injuries: Anatomy, Evaluation, and Treatment

Robert F. LaPrade

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Posterolateral Knee Injuries: Anatomy, Evaluation, and Treatment covers the complex anatomy of the posterolateral knee, the varied examination techniques, surgical and nonsurgical treatments, and therapeutic and rehabilitative exercises available to manage conditions of the posterolateral knee.

This book discusses the multi-pronged approaches used to manage posterolateral ligament tears, posterolateral rotatory instability, combined ligament injuries, injuries causing abnormal knee movement, and much more. Comprehensive coverage of clinically relevant biomechanics and the correlation of pertinent exams needed for diagnosis helps the reader develop a firm understanding of the relationship between instability abnormalities and posterolateral knee injuries.

Highlights:

- A review of anatomical nomenclature clarifies structures which are often confused
- More than 150 illustrations call attention to key issues and clearly delineate anatomical concepts
- Thorough discussion of imaging and diagnostic tests
- Step-by-step descriptions of treatments of acute injury
- Guidance on examination techniques for patients with concurrent ligament injuries in the anterior cruciate ligament, medial collateral ligament, and/or posterior cruciate ligament, in either acute or chronic situations
- Complete review of workup for chronic injury patients requiring either an osteotomy and/or a reconstruction

Here is an essential reference for all orthopedic surgeons, sports medicine specialists, and fellows in these specialties working with patients with acute and chronic knee injuries and related pathology.



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